Curriculum Module #1: Imaginative Movement

- Interactive Audio Tracks
- Teacher Training Videos
- Rhythm Sound Cards
Dear Teacher,

Welcome to PlayMotion Music!

These materials are designed to be intuitive and easy to use. However, a little preparation will bring even greater success when you present the music time with the children.

You will be leading the children in the songs and activities so get ready to move, dance and have fun!

The children will respond to your energy and enthusiasm. Show them that you are happy, excited and fully engaged in the activities.

Step By Step Instructions:

1. Before you present this material to your students, prepare by watching the videos and practicing the movements and choreography that go with each song and activity.

2. Read along with the lyrics on the song cards to learn how to sing along with each song.

3. When you are ready, gather the children in the group space. Have your audio player ready with the music. Have the song cards ready to guide you with the instructions, introduction (what you say to the children to introduce the song before starting the audio) and the song lyrics.

4. Introduce the first song then start the audio track and model the movements to show the children how to move their bodies.

PlayMotion Music Curriculum Module #1

Description:

In this module, the children will move their bodies to directed movement songs and imaginative movement songs.

A directed movement song gives the children instructions on how to move their bodies within the lyrics of the song.

An imaginative movement song gives the children the opportunity to interpret the song and move their bodies creatively.

These activities help children to develop their gross and fine motor skills as well as their creativity and imagination. They also get a healthy dose of exercise in the process!

Aspects of development addressed in this module:

- Self Regulation
- Attention Maintenance
- Physical Development
- Purposeful Movement
- Interactions Among Children
- Shared Use of Space and Materials
- Relationships and Social Interactions with Adults and Peers
- Cooperation with Adults and Peers
- Spacial Relationships
- Language and Literacy Development
- Social Emotional Development
- English Language Development
- Staff-Child Interactions
- Gross Motor Manipulative Skills
- Gross Locomotor Movement Skills
- Fine Motor Manipulative Skills
- Performing Arts: Music, Drama/Dance

Imaginative Movement

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What is PlayMotion Music?

PlayMotion Music is a series of 12 interactive music and movement curriculum modules. Each module contains 11 songs, musical stories and rhythm games.

Each PlayMotion Music Curriculum Module contains:

• a teacher training video DVD with 11 demonstration videos, one for each song and activity in the module

• an audio CD with 11 audio tracks, each one corresponding to one of the songs and activities in the module

• 11 song cards with step by step instructions for each song, an introduction to each song and the song lyrics

• a set of rhythm sound cards to be used with the music reading and rhythm playing portion of each module

PlayMotion Music® Supports School Readiness Goals:

DRDP Birth to 5
• Self Regulation
• Attention Maintenance
• Imitation
• Purposeful Movement
• Engagement and Persistence
• Shared Use of Space and Materials
• Relationships and Social Interactions with Adults and Peers
• Cooperation with Adults and Peers
• Spacial Relationships
• Language and Literacy Development
• Social Emotional Development
• English Language Development
• Cognition
• Gross Motor Manipulative Skills
• Gross Locomotor Movement Skills
• Fine Motor Manipulative Skills
• Performing Arts: Music, Drama and Dance

ECERS, ITERS, FCCERS
• Gross and Fine Motor Skills
• Active Physical Play
• Music and Movement
• Dramatic Play
• Staff-Child Interactions
• Interactions Among Children

Foundations
• Social Emotional Development
• English Language Development
• Language Development
• Performing Arts
• Physical Development

CLASS
• A secure, supportive base for children’s learning and exploration
• Helps children develop language and cognitive skills
• Environments and experiences that help children develop their abilities
• Positive Climate
• Behavior Guidance
• Language Modeling

Creative Curriculum
• Musical concepts and expression
• Dance and movement concepts
• Cooperative and constructive group situations
• Phonological awareness
Shake, Shake, Shake Your Hands
Instructions: Have the children sit on the edge of the rug facing toward the center. Join the children in the group either on the floor or in a chair. Have your CD player within reach. Tell the children “All right friends, we are going to start by shaking our hands.” Shake your hands to demonstrate. Start Track #1 on the CD. Go through the activities with the children as directed by the CD.

Intro: It’s time for a song about shaking your hands. Show me how you shake, shake, shake your hands right now!

Lyrics:

chords: A E A D E A
Shake, shake, shake your hands x3
Now get up it’s time to stand
Jump, jump, jump so high x3
You can almost touch the sky
Jump and clap, jump and clap x3
Now your feet go tap, tap, tap
Stretch, stretch, stretch up high x3
Wiggle your fingers far and wide

by Nick Young
Movin’ Your Body Blues by Nick Young

Instructions:
With everyone now standing on the edge of the rug and facing to the center, tell the children “Now we are going to tap one foot like this.” Model tapping one foot for the children and Start Track #2. Go through the activities with the children as directed by the CD.

Intro:
Now we are going to tap one foot like this. Show me how you tap your foot on the floor!

Lyrics:
Tap one foot
make it bounce up and down
now tap the other foot, make it go to town
wiggle your shoulders, turn your self around
now clap your hands (clap, clap)
clap your hands (clap, clap) X3
stomp your feet, feet, feet X2
clap your hands (clap, clap) X2
wiggle your shoulders & turn your self around
now move your arms like a chicken & make a chicken sound
move your arms like a chicken & make a chicken sound
wiggle your shoulders & turn your self around
now clap your hands (clap, clap)
clap your hands (clap, clap) X3
stomp your feet, feet, feet X2
clap your hands (clap, clap) X2
wiggle your shoulders
turn your self around

chords: A E A E B7 A E
Riding on a Train
**Riding On A Train** by Nick Young

**Intro:**
Tell the children they will be riding on a train. Say “There are three sounds to make in this song: the whistle goes woo! woo!” Have the children repeat the sound. “The conductor says all aboard!” Have the children repeat it. “The bell goes ding, ding, ding!” Have the children repeat the bell sound.

**Lyrics:**

Riding on a train X2  
Goin’ so fast,  
Riding on a train

The whistle blows “woo, woo” X3  
Riding on a train

Riding on a train X2  
Goin’ so fast,  
Riding on a train

The conductor says “All aboard!” X3  
Riding on a train

Riding on a train X2  
Goin’ so fast,  
Riding on a train

The bell goes “ding, ding, ding!” X3  
Riding on a train

**chords:** F Bb F C F

- (slower)
  - Now were goin’ up the hill
  - Riding on a train
  - Climbing up the hill
  - Riding on a train,
  - Now were at the top
  - Riding on a train

- (faster)
  - Now were going down the hill
  - Riding on a train

- The whistle blows “woo, woo” X3

- The conductor says “All aboard!” X3

- The bell goes “ding, ding, ding!” X3

- (slow down)
  - Now were coming to the station, Riding on a train, coming to the station
  - Riding on a train.....
Animals On The Move
Animals On The Move by Nick Young

Instructions: During this song, the children will be crawling, hopping and flying around the group space. Make a point about the “Invisible Bubble” in your introduction and be alert for any bumping or pushing during the song. When children do bump or push their friends, gently remind them to move where there is room for their body.

Intro:
Tell the children, “Now we get to move our bodies like different kinds of animals. The first one is a spider crawling on the floor. You can do the backwards crab crawl or a forward crawl. But first, put your invisible bubble around your whole body. That means that your body will not bump or touch your friends body. Make sure that you move your body where there is room to go without bumping your friends.”

Lyrics:
Spiders are creeping X4
Creep around the circle and stop
Snakes that slither X4
Slither round the circle and stop
Dolphins are swimming X4
Swim around the circle and stop
Birds are flying X4
Fly around the circle and stop

Now think of all the animals in the whole world and move you’re body like any animal that you choose... here we go!

chords: Am Em7 B, A G# F#
Animals are on the move, on the move
Be any animal that you choose, that you choose
In the forest, in the trees, in the jungle, or in the sea
Animals are on the move
I see some tigers that are crawling in the jungle
I see whales swimming in the ocean
I see all kinds of animals
Now turn into an elephant
Elephants walking X4
Walk around the circle and stop
Body Echoes
Instructions:
Start a “call and response” rhythm with the children using clap, stomp, knees and jump. Have the children say the word as they echo the action.

Intro: Start with the children standing on the edge of the rug. Say “Now it’s time for Body Echoes. I go first and you go after me.”

Lyrics:
Clap, Clap, Clap
Knees, Knees, Knees
Stomp, Stomp, Stomp
Jump, Jump, Jump
(continuing with varying combinations of these)
Kye Kye Kule  (Chay Chay Koo-lay)
**Kye Kye Kule** (Chay Chay Koo-lay)

**Intro:**
This is a song from Africa called Chay Chay Koo-lay. I go first and you go after me.

**Lyrics:**
Chay Chay Koo-lay
Chay Chay Koh-fee sah Koh-fee sah lahn-gah Kah-kah shee lahn-gah Koom ah-dehn day Koom ah-dehn day Koom ah-dehn day Hey!

**Instructions:**
This is another “call and response” song. Have the children say the word as they echo the action. Each time the song repeats, it get’s faster!

The CD is optional for this activity. Once you learn the song you may want to lead the children on your own. Track #6
Five Pterodactyls
**Instructions:**
In this song the children will stretch their arms out like the branches on a tree. Model the movement by turning to the side, planting your feet wide apart and stretching out your arms. Once you learn the song you may want to lead the children on your own.

**Intro:**
This song is about Five Pterodactyls sitting on a dead tree. A pterodactyl is a kind of dinosaur that can fly. In this song we will be saying “sitting on a dead tree”. Then we stretch out our arms like branches on a tree.

**Lyrics:**

Five Pterodactyls X3
sitting on dead tree
Oh no, one has flown away
What a shame

Four Pterodactyls X3
sitting on dead tree
Oh no, one has flown away
What a shame

Three Pterodactyls X3
sitting on dead tree
Oh no, one has flown away
What a shame

Two Pterodactyls X3
sitting on dead tree
Oh no, one has flown away
What a shame

One Pterodactyls X3
sitting on dead tree
Oh no, one has flown away
What a shame

No Pterodactyls X3
sitting on dead tree
Oh look, one has returned
Let us rejoice!

One Pterodactyls X3
sitting on dead tree
Oh look, one has returned
Let us rejoice!

Two Pterodactyls X3
sitting on dead tree
Oh look, one has returned
Let us rejoice!

Three Pterodactyls X3
sitting on dead tree
Oh look, one has returned
Let us rejoice!

Four Pterodactyls X3
sitting on dead tree
Oh look, one has returned
Let us rejoice!

Five Pterodactyls X3
sitting on dead tree
Let Me Hear the Music
Let Me Hear The Music  by Nick Young

**Intro:**
This is a song about all our instruments. Let me hear you play along!

**Lyrics:**

Let me hear the music as we play our instruments X3
Let me hear the music as we play upon the drum X3
Let me hear the music as we play the shakers X3
Let me hear the music as we play the scrapers X3
Everybody play!
Everybody play together, everybody play
Everybody play together, We play and then we stop!

**Chords:**
A D A D E

**Instructions:**
This is a fun instrument song that helps the children learn the sounds and names of various instruments. Each instrument gets its own turn, then they all come together at the end. During the song, help the children remember when it is their turn to play and when to let another instrument have a turn. It can take a while for them to learn this, so the first few times it’s ok for them to play even when it’s not their turn. Track #8
Rhythm Sounds
Instructions:
Take out your Rhythm Sound Cards and select the Ta sound. Show the children the card and say “This sound is called Ta. How many dots does Ta have? That’s right, it has one dot. That means it gets one sound like this.” Use your shaker to demonstrate the Ta sound. Then demonstrate Ta on the scraper, triangle, bells and drum. Repeat with all the sounds. Start Track #9

Intro:
Now it’s time for Rhythm Sounds. The first sound is called Ta. How many dots does Ta have?

The Sounds:
Ta: One dot. It gets one sound from the instruments.

Ti-ti: Two dots. It gets two sounds from the instruments.

Digidigi: Four dots. It gets four sounds from the instruments.

To-o: One dot. It gets one long sound from the instruments.
Bird, Frog & Crocodile Story
Bird, Frog & Crocodile Story by Nick Young

Intro:
This is a story about a bird, a frog & the crocodile. In this story, the drums make the sound of elephants running through the jungle. Play your drum like elephants running through the jungle now. The scraper is the frog sound. Let me hear the scraper make the frog sound now. The triangles, shakers and bells are the splashing water. Let me hear the triangles, shakers and bells make the splashing water sound now.

The Story:
Once upon a time, there were two friends: the bird (slide whistle) and the frog (scraper). They were sitting by the river talking about what kind of bugs they ate for breakfast. They didn't know it, but in the water was a big, hungry crocodile! He was looking for something to eat when he saw the bird (slide whistle) and the frog (scraper). The crocodile said “I’m gonna have them for my lunch.” He swam closer and closer and closer until he was right next to them, but they still didn’t see him. The bird didn’t see him (slide whistle) and the frog didn’t see him (scraper). Suddenly, the crocodile jumped out of the water (shakers, cymbals, bells). He opened up his big jaws and he was just about to eat up the bird and the frog when the elephants went running through the jungle (drums). It was so loud that it scared the crocodile. He jumped back in the water and swam away as fast as he could go (shakers, cymbals, bells). And the bird (slide whistle) and the frog (scraper) were safe and sound.
The Color Song
The Color Song by Nick Young

**Instructions:**
This song concludes the music group. When it starts the children will know that music time has come to an end. You can also use this song to have the children line up to go outside by saying “line up” instead of “stand up”.

**Track #11**

**Intro:**
We have one more song in our music time. Notice what colors you have on your clothes today. It’s time for the color song!

**The Lyrics:**
chords: A D E
Color song, color song
Now its time for the color song
When I say the color you’re wearing today
Stand up right away
Green stand up
Blue stand up
Pink and purple stand up
Orange, red, yellow, white, black, grey stand up right away

Color song, color song
Now its time for the color song
When I say the color you’re wearing today
Sit down right away
Green sit down
Blue sit down
Pink and purple sit down
Orange, red, yellow, white, black, grey sit down right away

Color song, color song
That was the color song
All of the colors we said today make us say hooray!
Welcome To PlayMotion Music!
PlayMotion Music is a series of 12 interactive music curriculum modules. To order PlayMotion Music Modules, fill out the form on the reverse of this page or go to: PlayMotionMusic.com.

Contact PlayMotion Music:
(562) 537-4187
contact@playmotionmusic.com
We would love to hear from you!

Teacher Training Workshops
Nick Young and Jen Stillion-Young are available to give you in person training with their hands on, interactive teacher training workshops! Contact us to book your next teacher training!

Teacher Training, Curriculum & Support
The PlayMotion Music System™ is an Interactive Music Program for Preschools that gives non musician teachers the power to Teach Preschool Music. We put our creative and stimulating kids music and movement program in your hands with our DVD’s, CD’s, step by step instruction, workshops and one on one training.

PlayMotion Music Is In Alignment With:
• DRDP Birth to 5
• ECERS, ITERS, FCCERS
• Preschool Foundations
• CLASS
• Creative Curriculum

Opportunities for Social/Emotional Development
Music and movement activities offer an opportunity for children of different learning styles to express themselves and develop self-esteem, social skills and creative abilities. We put 27 years of infant/toddler and preschool music teaching experience into creating PlayMotion Music to make it easy for teachers to teach infant/toddler and preschool music.

Intuitive and Customizable
PlayMotion Music is designed to be intuitive, easy to implement, customizable and fun! Music curriculum should be a part of everyday classroom activities. Teachers using the PlayMotion Music System will look forward to music as a time to interact with their students in positive and creative ways as they meet the Preschool Program Performance Standards.

Background
Nick Young has been sharing the joy and enrichment of music with children for 27 years. Nick began his career as a classroom preschool teacher with a passion for music education. After witnessing the social, emotional and educational benefits of classroom music, Nick created the Young Music Company; his mobile music school. Nick has refined his materials and methods into creating PlayMotion Music to meet the Preschool Program Performance Standards.

Nick Young
Early Childhood Music Educator & Creator of PlayMotion Music & The Young Music Company™

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PlayMotion Music Module Themes

#1: Imaginative Movement

#2: Exercise & Fitness

#3: Nutrition

#4: Phonemic Awareness

#5: Building Study

#6: Transportation

#7: Spanish Language

#8: Pre-math Skills

#9: Science

#10: Creative Movement

#11: Family

#12: Beginning The Year

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